



Tania ZIMEN

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BIOGRAPHY

- 1969 - 1987 :** Birth and first years of life in **Berlin** (Germany)
Scholarship in **Paris, Baccalauréat** (Equivalent to A-Level) in 1987
- 1986 :** Writing of the novel “**Marine et Marinette**”
- 1987 - 1993 :** French-German-English Translation-Interpretation Diploma, **ISIT** (Paris)
- 1993 - 2001 :** Employed in different companies in Paris and on the French Riviera
First experience as **Public Writer** with own business “**La Boite à Lettres**”
- 2002 - 2005 :** Extended maternity leave
- 2002 and 2004 :** Writing of the « **Cent Jours** » personal diary
- 2005 - ... :** Entrepreneurship : Creation & management of **SKRIVA**, www.skriva.fr
Foreign Language Training, Writing and Translation Agency
- 2007 :** Publishing of « **Marine et Marinette** » / « **Cent Jours** »
under the pen name of **Tosca Nema** by Éditions Thélès, Paris
- 2013 - 2016 :** Vocational retraining in horse-riding instruction
CQP ASA Équitation, French official Level 1 Horse Riding Instruction degree
- 2019 - 2020 :** **CAER**, French Teaching Degree for Secondary Schools in **German**
- 2014 - ... :** German teacher for secondary, higher education and vocational classes
Hippology teacher and **Riding instructor** for secondary classes (2017)
- 2018 - ... :** Regular participation in seminars, coachings and workshops around **personal development, getting to know oneself and creativity**.
Coaches : Michele Coy, Alister Gray, Catherine Cousin, Jay Shetty, Rob Dial
- 2021 :** Writing of « **April ou l'heure enchantée** » (self-growth testimony)
Edited with **Éditions Vérone**, Paris
Self-publication of « **Marine et Marinette - Cent jours** » with
Amazon KDP (paperback and ebook)
- 2022-2024 :** Creation and co-administration of the local authors collective « **Ouest Auteurs** »
- 2023 :** Training in **equine mediation**, Eponaquest and IFS approaches
Trainer and Coach : Sylvain Gillier
- 2023-2024 :** One-year training as **Equestrian Tourism Guide** / Assistant Ride Leader
Obtained the Accompagnateur de Tourisme Équestre (ATE) Certificate

Centres of Interest :

Writing

Horses and outrides

Nature, particularly forest and woods

Getting to know oneself and helping others through equine mediation